

UNDER 14 COACHING

Report by Team Manager –Keith Mitchell

"The Essex U14 boys first coaching session took place on Sunday 7th March. This year we have established a slightly different programme from previous years with intense practical advice and tuition in the mornings and a structured series of plenary sessions in the afternoons covering all aspects of golf over a two year programme. These will provide the groundwork needed to establish the boys as complete all round golfers. The first afternoon session covered Course management, Fitness and structured planning of a golf year, along with a session with the Under 14 County manager.



The Under 14 squad also have begun a series of inter squad member matches that will enable each boy to play on a variety of different courses before the main fixture list begins in July. It is hoped that this will address the problem of the youngsters lack of experience in

playing "away from home".



During the year we hope to establish ties with each boys "home coach" with the intention of developing a larger support base to each of the players.

This year's squad would appear to be the strongest for a number of years with a minimum 14 players competing for places in the final teams. All these boys are single figure players and are expected to move into category 1 before the end of the season, such is their potential."

